

Recommended Spiritual Reading

Updated 10/22/2017

General Introductions to or Treatises on the Spiritual Life

Boylan, This Tremendous Lover
De Sales, Introduction to the Devout Life
Scupoli, The Spiritual Combat
Garrigou-Lagrange, The Three Ages of the Interior Life
Aumann, Spiritual Theology

Lives of Our Lord

Sheed, To Know Christ Jesus
Goodier, The Public Life of Our Lord
Ratzinger, Jesus of Nazareth, I, II, III
Walsh, St. Peter the Apostle
Sheen, The Life of Christ
Guardini, The Lord

Goodier, The Passion and Death of Our Lord
de la Palma, The Sacred Passion

On Prayer

Teresa of Avila, Interior Castle
Boylan, Difficulties in Mental Prayer
Philippe, Time for God
Baur, In Silence with God

Lives of the Saints

Teresa of Avila, Autobiography
Therese of the Child Jesus, Story of a Soul
Holzner, Paul of Tarsus
Gasnier, St. Joseph the Silent
Trochu, The Cure of Ars
Trochu, Bernadette Soubirous
Chevrot, Simon Peter

On the Holy Eucharist

Knox, The Window in the Wall (Holy Eucharist)
Hahn, The Lamb's Supper

Writings of St. Josemaria Escrivá and Works about Him and Opus Dei

Escrivá, Christ Is Passing By (Homilies for liturgical feasts)
Escrivá, Friends of God (Homilies for specific topics)
Escrivá, The Way, Furrow, Forge (Points for meditation)
Escrivá, Conversations with Msgr. Escrivá de Balaguer (Interviews)
Escrivá, Holy Rosary (Meditations for praying the Holy Rosary)
Escrivá, Way of the Cross

Illanes, The Theology of Work
Del Portillo, Immersed in God
Urbano, The Man of Villa Tevere

Various Topics

Bouyer, The Spirit and Forms of Protestantism
Ratzinger, Salt of the Earth
Benedict XVI, Light of the World
Baur, Frequent Confession
Journet, The Meaning of Grace
Leen, Why the Cross?
Cajetan, Humility of Heart
Knox, In Soft Garments
Knox, The Hidden Stream
Knox, Pastoral Sermons (includes all sermons, including those not in other collections)
Perquin, Abba Father
Pieper, The Cardinal Virtues
Sheed, Theology and Sanity
Hughes, A Popular History of the Catholic Church
Tissot, How to Profit from One's Faults
Philippe, Interior Freedom
Philippe, The Eight Doors of the Kingdom (On the Beatitudes)
Liguori, The Practice of the Love of Jesus Christ
Walsh, Our Lady of Fatima